

MFFPC ATRRS INFORMATION CHANGES

STUDENT PREREQUISITES. Students must meet the following prerequisites prior to attending the MFFPC:

1) Army Active Component or Reserve Component Special Operations Forces Commissioned Officers, Warrant Officers and enlisted personnel assigned to or on orders for assignment to a Military Free-Fall coded position, parachute rigger, or select DoD civilian personnel or allied personnel must be assigned to or on orders for assignment to a MFF coded position. Those not mentioned above must submit a request for exception endorsed in writing by the first O-5 commander in the chain of command and submitted to the commander of 2nd Battalion, 1st Special Warfare Training Group (Airborne), Fort Bragg, NC 28310 signed NLT 45 days prior to the start of the desired course.

2) Applicants must be qualified military static line parachutists.

3) Applicants must meet minimum and maximum weight requirements while wearing a standard multi-cam or ACU uniform (with nothing in the pockets) and issued boots. Minimum and maximum weight requirements are as follows: from the start of a course through its completion an applicant cannot weigh less than 111 pounds and cannot weigh more than 325 pounds.

4) Applicants must meet the minimum torso measurement. The minimum torso measurement is no less than 14 inches from the sternal notch in the neck (between the two collarbones) and the hip bones (straight down so as to create intersecting lines). Student must be able to achieve proper fit after donning and adjusting the parachute system.

5) Applicants must also have a current Class III flight physical examination IAW AR 40-501 dated within two years of course completion date.

6) Applicants must report with complete medical records including a current Physiological Training Record and High-Altitude Parachutist Initial (HAP INT) (AF Form 1274; AF Form 702, Navy Form 1550128-NP-6 card; USAAMC AA Form 484, or USASOC Form 4080).

7) Any variation from the above standards requires a waiver from the commander of 2nd Battalion, 1st Special Warfare Training Group (Airborne), Fort Bragg, NC 28310 signed NLT 45 days prior to the start of the desired course.

Course Scope:

Students learn how to pack the RA-1 Advanced Ram-Air Parachute System (ARAPS) main parachute, don the system, aircraft procedures, emergency procedures and body stabilization. Students learn to exit an aircraft from the door and ramp using dive and poised exit positions. They also learn rigging/jumping procedures for weapons, combat equipment, night vision goggles (NVG) and portable oxygen equipment. Military Free-

Fall parachute operations during the course consist of a high altitude low opening and high altitude high opening parachute jumps from altitudes of 10,000 to 25,000 Feet with and without weapons, combat equipment (including NVGs and body armor) and supplemental oxygen system in day and night conditions.

Special Information:

- a. All waiver requests will be sent to the commander 2nd Battalion 1st Special Warfare Training Group (Airborne), USAJFKSWCS ATTN: AOJK-GPB Fort Bragg, NC 28310 signed NLT 45 days prior to the class start date.
- b. Student's weight must:
 - (1) Be a minimum of 111 pounds.
 - (2) Not exceed 325 pounds.
 - (3) Student must be able to achieve proper fit after donning and adjusting the parachute system.

Military Free-Fall Parachutist Course (MFFPC)

Course Code: 2E-SI4X/ASI4X/011 ASIW8

1. STUDENT INFORMATION

a. **STUDENT PREREQUISITES.** Students must meet the following prerequisites prior to attending the MFFPC:

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b. CLOTHING AND EQUIPMENT. Students will attend the course in proper military attire. Students will wear military duty uniform/ PT clothing during training. See welcome letter for further guidance. Students will need the following: Duty uniform (i.e., ACU, service specific duty uniform); headgear with rank and/or insignia (beret or utility cap) for in-processing. Duty uniform (i.e., ACU, other unit specific and authorized combat uniform); for jump operations.

5 ea T-shirts, service specific (tan, brown or green) No logos are authorized on T-shirts

5 ea Black nylon running shorts or service equivalent

5 pr White or service issued socks

1 pr Low top running shoes (to be worn when in the wind tunnel)

1 set Unit issue sweat suits and warm gear may be worn during winter months

1 pr Military-type gloves (flight gloves or black issue are acceptable).

Gloves must have leather palms and should have good insulation without sacrificing dexterity. Gloves must be full fingered.

1 ea Notebook

1 ea Reflective belt (for running during hours of darkness)

1 ea Pen

1 ea SORZ goggles clear (no tint)

1 pr Black, Tan boots or service specific combat boot (lace through eyelet type). Boots with open hook eyelets are not acceptable for wear during MFF air operations.

NOTE - The following item must be present at in-processing:

1 ea Body Armor (no ballistic plates required). Your instructor will determine its air worthiness and adjustments will be made to your gear as necessary and prior to the start of training. For the CRYE PRECISION AVS carrier, make sure the molle detachable flap is on the front.

1 ea ACH or Ops Core Helmet (Fast Series).

1ea Peltor or MSA Tactical Communication Headset with PTT cables, headset must cover the ears and provide hearing protection.

c. MEDICAL. You must NOT be on any prescription medication that will interfere with your ability to conduct any part of the course. If you are on any prescription medication or have had a change in physical condition since last physical exam, a DA 7349 must be submitted to the SWCS Surgeons Office prior to your arrival at the course.

d. GROOMING STANDARDS. Students will maintain grooming standards outlined in AR 670-1 for the duration of course.

e. FUNDS. Students will report to the MFFPC with an active Government Travel Charge Card with at least \$5,000.00 Credit Limit. Credit limits and cash advance authorizations must be completed and approved by parent units prior to course attendance. The Fort Bragg Finance office cannot provide student travel advances.

f. TRAVEL ORDERS. All students attending MFFPC will need travel orders with full per diem as there are no dining facilities available.

g. BILLETING. Students will stay in Bldg 506A while at Yuma Proving Ground, AZ. Lodging will be pre-arranged for the student and no Statements of Non-Availability will be given. The number for YPG Lodging is (928)328-2129.

h. TRANSPORTATION.

(a) Rental cars. One rental car per student (authorized in their TDY orders) is necessary for TDY student transportation in and around YPG. If sending multiple students rental cars should be authorized in accordance with USASOC guidance (compact for 1 student, intermediate for 2 students, and so forth). All students may be required to purchase fuel to maintain course issued rental vehicles due to the unavailability of adequate number of government fuel cards.

(b) Airline tickets. Parent units must provide personnel with airline tickets to and from the course location as per TDY travel orders.

i. REPORTING INSTRUCTIONS.

Directions to Candlewood Suites Billeting from the Yuma International Airport: Take S. Pacific Ave to E 16th street/ US 95 N and turn left. Stay on US 95 N for approx. 19 miles. Turn left at the large cannons onto E Imperial Dam Road. Stay on Imperial Dam Road for approximately 5 miles and turn right into Main Administrative Area (MAA) access point for YPG. Enter access point and stay on Third Street. Third Street turns

into C Street. From C street turn right onto 2nd street, turn right onto F Street, Candlewood Suites (Bldg 540) is located on the left.

Reporting: Students will report to the lobby of the Candlewood Suites Bldg 540, Yuma Proving Grounds, AZ at 0500hrs and board transportation to the Vertical Wind Tunnel for in-processing. The uniform for in-processing is the service specific duty uniform (i.e. Army students will report in A.C.U.s).

Students will report with the following documentation

- Military ID Card.

- Copy of Travel orders for the duration of the course, with variations authorized, IBA or CBA travel. Orders must start from the student's home station to Yuma Proving Ground, AZ and return to home station or next duty assignment if TDY en-route.

- Current physiological training card, AF 1274, AF Form 702, Navy Form 1550/28-NP-6, USAAMC AA Form 484, or USASOC Form 4080. HAPS card must remain current through the completion of the course.

- Copy of student's current high-altitude, low-opening (HALO) physical examination IAW AR 40-501, Chapter 5, paragraph 5-3 and Chapter 8 Para 8-14 and 8-19 and all supporting documents (i.e. laboratory exam sheets, x-ray interpretations, etc.). Physical examinations are valid for two (2) years from the date of completion for all services. Physical examinations are valid for one (1) year from the date of completion for individuals 45 years old or older. Physicals must be stamped and signed by a Flight Surgeon or Dive Medical Officer (DMO) and should have a USAJFKSWCS stamp. If your flight surgeon does not have a USAJFKSWCS stamp, the physicals must be sent to MFFmedical@ahqb.soc.mil NLT 4 weeks prior to course start date. Direct all questions to MFF Flight Surgeon cell # (727) 403-8908 or MFF HQ (928) 328-3636. Physicals that do not meet MFFPC standards defined by AR 40-501 chapter 5 paragraph 5-6, must have a waiver from the USAJFKSWCS Surgeon or Deputy Surgeon. Waiver requests come from nancy.mosley@ahqb.soc.mil (910) 396-7775 extension 253. AF and Navy waivers are not acceptable. Physicals must remain current through the completion date of the course.

- Identification Tags.

- Black, Tan boots or service specific combat boot (lace through eyelet type). Boots with open hook eyelets are not acceptable for wear during MFF air operations.

- Body Armor (no ballistic plates required). Your instructor will determine its air worthiness and adjustments will be made to your gear as necessary and prior to the start of training. Pouches should be removed.

- ACH or Ops Core Helmet (Fast Series).

- Peltor or MSA Tactical Communication Headset (with Push-to-Talk Cables) that covers the ears and provide hearing protection.

NOTE: Students must resolve any discrepancies with the above-listed paperwork prior to the ATRRS official start date. Students with unresolved issues may be disqualified from training.